WDS Parade of Roses

Medical Educational Conference

FINAL PROGRAM

October 28, 2020





Women's Dermatologic Society

About WDS

The Women's Dermatologic Society, founded in 1973, is dedicated to helping dermatologists fulfill their greatest potential and assisting them in making a contribution to our specialty and society. To achieve this goal, the Society relies on the active participation of its members, who represent a diverse cross-section of professional sub-specialties.

Vision Statement

The Women's Dermatologic Society is committed to issues relevant to women and their families.

Mission Statement

The mission of the Women's Dermatologic Society is to be the premier organization cultivating personal and professional development of women dermatologists dedicated to excellence in patient care, mentorship, volunteerism, and leadership.

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Welcome!

On behalf of the Women's Dermatologic Society (WDS), thank you for participating in the 2020 Virtual Parade of Roses Medical Educational Conference taking place October 28 and 29, 2020.

WDS is dedicated to helping dermatologists fulfill their greatest potential and assisting them in making a contribution to our specialty and society. The mission of the WDS is to be the premier organization cultivating personal and professional development of women dermatologists dedicated to excellence in patient care, mentorship, volunteerism, and leadership.

The Program Committee has invited speakers from around the world to share their perspectives on scientific and overall women's health topics. We look forward to bringing our members and new friends together for what is sure to be an outstanding meeting. We hope you enjoy!

WDS Parade of Roses Medical Educational Conference Committee: Co-Chairs Wendi Wohltmann MD Luitgard Wiest, MD

Wednesday, October 28, 2020

7:00pm – 9:00pm ET	Parade of Roses Medical Educational Conference Co-Chairs: Wendi Wohltmann, MD & Luitgard Weiss, MD
7:00pm – 7:05pm	Welcome and Overview Wendi Wohltmann, MD
7:05pm – 7:20pm	Crystal Aguh, MD Alternative Treatment Options for Refractory Alopecias
7:20pm – 7:35pm	Shadi Kourosh, MD Potent Corticosteroids Escaping Regulation and Marketed for Skin Lightening in Ethnic Beauty Supply Stores
7:35pm – 7:50pm	Victoria Werth, MD Advances in Autoimmune Skin Disease
7:50pm – 8:05pm	Antonella Tosti, MD Diagnosis and Treatment of Hair Disorders During Covid 19 Pandemic
8:05pm – 8:20pm	Molly Hinshaw, MD Surgical Techniques to Optimize Outcomes After Nail Surgery
8:20pm – 8:35pm	Alana Deutsch, BS Utilizing Fibrosis - 4 Score to Assess Risk for Hepatic Fibrosis in Patients with Psoriasis on Methotrexate
8:35pm – 8:50pm	Sandra M. Peňa, MD Efficacy of Topical Crisaborole for Treating Mild-to-Moderate Seborrheic Dermatitis
8:50pm – 8:55pm	Wrap Up & Closing Remarks Wendi Wohltmann, MD

THURSDAY, OCTOBER 29, 2020

5:00pm – 5:30pm	Parade of Roses Medical Educational Conference Research Spotlight
	Our research spotlight will highlight posters submissions
5:00pm – 5:02pm	Welcome to the Research Spotlight
5:02pm – 5:04pm	Alyssa G. Ashbaugh Psoriatic Disease in the US Latino Population: Findings From a Comprehensive Review
5:04pm – 5:06pm	Mytrang "Mia" Do, PhD Contribution of Gender on Compensation of Veterans Affairs - Affiliated Dermatologists: A Cross-Sectional Study
5:06pm – 5:08pm	Claire Stewart Impact on Onychomycosis and Treatment on Patient Reported Quality of Life Outcome Measures: A Systematic Review
5:08pm – 5:10pm	Janinie Hopkins, MD, FAAD Safe and Controlled Application of Platelet-Rich Plasma, Stem Cells, and Other Serums to Wounded Skin Using a Novel, New Patent-Pending Applicator
5:10pm – 5:12pm	Mosammat Sultana Akhter, MD Clinico-Epidemiological Profile of Pempigus Vulgaris Patient in a Tertiary Care Hospital of Bangladesh
5:12pm – 5:14pm	Katharina Shaw A Survey-Based Study Assessing Preparedness of Dermatology Trainees to Serve on the Wards During the Covid-19 Pandemic
5:14pm – 5:16pm	Tiana Kazemi, MD Oral Jak Inhibitors May Have a Beneficial Role in the Treatment of Keloial Scars
5:16pm – 5:18pm	Aneka Khilnani, M.S., Kaiane Habeshian, MD, and Tazim Dowlt-Mcelroy, MD Retrospective Review Characterizing a Pediatric Vulvar Dermatology Clinic
5:18pm – 5:20pm	Alexis Carrington, MD A Case of Squamous Cell Carcinoma of Unknown Primary Source

Alternative Treatment Options for Refractory Alopecia Crystal Aguh, MD



Dr. Crystal Aguh is an Assistant Professor of Dermatology and Director of the Ethnic Skin Program at the Johns Hopkins School of Medicine. Dr Aguh's area of research focuses primarily on skin conditions that disproportionately impact minority populations, with particular emphasis on alopecia. She has authored two books on hair loss and has

published over two dozen peer-reviewed journal articles. As a result of her work, Dr. Aguh is the recipient of numerous prestigious research awards & grants from the National Institutes of Health (NIH), Skin of Color Society, Johns Hopkins Medical Institutions and the Dermatology Foundation. In April 2019, Dr. Aguh, along with other prominent awardees including former Vice President Joe Biden, was honored by the National Minority Quality Forum with the 40 under 40 Leaders in Minority Health award for her academic work. Dr. Aguh completed her residency at Johns Hopkins School of Medicine, serving as the chief resident in her final year training. She received her undergraduate degree from Duke University and earned her medical degree from the University of Pennsylvania School of Medicine, with honors, earning induction into *Alpha Omega Alpha* Honor Society.

Potent Corticosteroids Escaping Regulation and Marketed for Skin Lightening in Ethnic Beauty Supply Stores Shadi Kourosh, MD



Dr. Kourosh is a board certified dermatologist and Assistant Professor of Dermatology at Harvard Medical School. She is a graduate of the Harvard School of Public Health and the University of Texas Southwestern Medical Center, where she received the institution's Excellence Award in Dermatology, and during her residency was chosen by the faculty and

her peers for awards in Leadership and for Outstanding Professionalism and Humanism as a physician.

Dr. Kourosh is committed to patient advocacy and solving public health problems for patients with skin disease. She developed the Skin Advocate iPhone App, a free iPhone application that connects patients with patient advocacy organizations for their skin conditions. She has published and been recognized in many publications, including the Journal of the American Academy of Dermatology (JAAD), JAMA Dermatology, Dermatologic Clinics, and Dermatology World Magazine. She serves as Editor-in-Chief of Dialogues in Dermatology, the American Academy of Dermatology's official podcast and internationally subscribed educational program for physicians.

Dr. Kourosh serves as the Dermatology Department's Director of Community Health, increasing access to dermatologic care for underserved communities in the Boston area. She is the founding director of the Clinic for Pigmentary Disorders at Massachusetts General Hospital, and the founder and director of Project Phoenix, MGH's pro-bono tattoo removal program, assisting those seeking to escape gangs and human trafficking to be safe and reintegrate into society, which has won national awards for its impact. She also advocates for patients at the national level as the State Advocacy Leader for Massachusetts in the AAD's delegation to Congress to protect medical research and affordable care for patients with skin disease.

Advances in Autoimmune Skin Disease Victoria Werth, MD



Dr. Victoria Werth is a Professor of Dermatology and Medicine at the Perelman School of Medicine at the University of Pennsylvania and Chief of the Division of Dermatology at the Philadelphia Veterans Administration Hospital. Dr. Werth earned her medical degree from Johns Hopkins University School of Medicine in Baltimore, Maryland. She completed a

residency in internal medicine at Northwestern Memorial Hospital in Chicago, Illinois, and dermatology residency and immunodermatology fellowship at New York University School of Medicine in New York, funded by the NIH and Dermatology Foundation. She joined the faculty at Penn in 1989 and has developed an internationally recognized program in autoimmune skin diseases.

She is a co-founder of the Rheumatologic Dermatology Society and previous president of the group. She is co-founder of the Medical Dermatology Society, and a recipient of their lifetime achievement award. She initiated the combined internal medicine/dermatology residency program in the U.S., which has successfully trained prominent leaders in complex medical dermatology. She has a longstanding interest in clinical and translational research pertaining to autoimmune skin diseases, including cutaneous lupus erythematosus, dermatomyositis, and autoimmune blistering diseases, with a focus on improving the outcomes of autoimmune dermatologic diseases. She has developed and validated disease severity tools now used in many international trials for these diseases, with a goal to advancing evidence for current and new therapeutics. Her laboratory studies include studies in cutaneous lupus and dermatomyositis that relate to pathogenesis and heterogeneity of response to treatment, and ultraviolet light effects on skin. Recent clinical studies have examined mechanistic effects of therapeutics in CLE, as well as subset-specific expression of cytokine signatures. Her work has been funded by the Dermatology Foundation, NIH, DOD, the Veterans Administration, the Lupus Research Alliance, the Lupus Foundation of America, the Myositis Association, the International Pemphigus and Pemphigoid Foundation, CARRA, and industry.

Diagnosis and Treatment of Hair Disorders during COVID-19 Pandemic

Antonella Tosti. MD



Dr. Tosti is Fredric Brandt Endowed Professor of Dermatology and Cutaneous Surgery at the University of Miami. She trained in Dermatology in Bologna, Italy, which is the oldest university in the world ,and was full Professor of Dermatology in Bologna before moving to Miami in 2010.

Dr. Tosti is internationally recognized as an expert on hair and nail disorders. She started a clinic dedicated to hair disorders at the University of Bologna in 1982, the very first hair clinic in the world— as there were very few people interested in hair at that time. She was president and founding member of the European Hair Research Society and is now President of the American Hair Research Society. She is founding member and President of the International Society of Trichoscopy. She was president of the European Nail Society and Council of Nail Disorders. She is regularly invited worldwide as a speaker and she has been directing sessions and symposia at the AAD, EADV and World Congress of Dermatology. She organized several meetings on diagnosis and treatment of hair and nail disorders in Italy including a very successful annual Course on hair, nail and cosmetics in Capri . She is founder member of the International Academy of Trichoscopy an educational organization.

She is author of more than 600 peer-reviewed papers (h index 55 on Scopus) and editor/co-editor of 30 books including 10 published book on diagnosis and treatment of hair disorders .She is editor in chief of Skin Appendage Disorders.

Dr Tosti trained hundreds of dermatologists from all around the world and is proud to say that many of them are today recognized as experts in hair and nail disorders.

Surgical Techniques to Optimize Outcomes after Nail Surgery

Molly Hinshaw, MD



I have dedicated my professional career to caring for patients with nail, hair, and skin disease by training and working as a dual-board certified dermatologist and dermatopathologist. I sought out additional training in nail disorders under the teaching of Dr. Phoebe Rich, an internationally recognized expert in nail disorders. In 2012, I created the Nail Clinic at

the University of Wisconsin Hospital and Clinics in Madison, WI where I manage patients with diagnostic and therapeutic nail disorders. I am delighted to work with my dermatology and podiatry nail experts to improve the care I provide to patients and to contribute to our specialty's knowledge of nail disorders. I am an active member of the Council for Nail Disorders, the American Academy of Dermatology, the American Society of Dermatopathology, the Wisconsin Dermatologic Society, and Women's Dermatologic Society. In addition, I have led many of these organizations as member and Chair of various committees and am extremely proud to serve currently as the President of the Women's Dermatologic Society.

Utilizing Fibrosis – 4 Score to Assess Risk for Hepatic Fibrosis in Patients with Psoriasis on Methotrexate

Alana Deutsch. BS



Alana Deutsch is a fourth-year medical student at Albert Einstein College of Medicine in the Bronx, NY pursuing a career in academic dermatology. Alana graduated with honors from Washington University in St. Louis and will graduate medical school with Alpha Omega Alpha honors in May 2021. During her medical education, she completed a one-year clinical

research fellowship in supportive oncodermatology with Dr. Beth N. McLellan as well as a five-month basic science research fellowship in skin biology, focusing largely on radiation dermatitis. Alana has authored numerous articles and textbook chapters in both general dermatology and supportive oncodermatology.

Efficacy of Topical Crisaborole for Treating Mild-to-Moderate Seborrheic Dermatitis

Sandra M. Peňa, MD



Originally from New Jersey, Sandra Peña attended Cooper Medical School of Rowan University and completed her intern year at Hahnemann Hospital/Drexel SOM. Following her intern year, she went on to complete 2 years of clinical research at the University of Alabama at Birmingham under the mentorship of Boni Elewski, MD. Her current interests include

complex medical dermatology and skin of color.

RESEARCH SPOTLIGHT POSTER SESSION

Psoriatic Disease in the US Latino Population: Findings from a Comprehensive Review Alvssa G. Ashbaugh, BA



A fourth-year medical student at the University of California - Irvine who is applying into dermatology this application cycle. Prior to medical school, she trained in the dermatology laboratory of Dr. Lloyd Miller at Johns Hopkins University School of Medicine where she investigated the host immune response to *Staphylococcus aureus* infection. Since

beginning medical school, she has continued her research in immunodermatology as well as developed a passion for promoting dermatologic health in skin of color.

Contribution of Gender on Compensation of Veterans Affairs – Affiliated Dermatologists: A Cross-Sectional Study

Mytrang "Mia" Do, MD, PhD



Mia is currently a 9th year MD-PhD student at Tri-Institutional MD-PhD program at Weill Cornell Medical College. She obtained her PhD in immunology from Dr. Ming Li lab at Sloan Kettering Institute and is applying to dermatology residency this fall.

Impact on Onychomycosis and Treatment on Patient Reported Quality of Life Outcome Measures: A Systematic Review

Claire Stewart, BS



Claire Stewart is a 4th year medical student at Weill Cornell Medicine (WCM). Her work at WCM as a research fellow with Dr. Shari Lipner, MD, PhD has focused on multiple areas including patient-reported quality of life outcomes in nail conditions and the impact of COVID-19 on medical education and dermatology clinical practice. Claire has recently published work

in Journal of American Academy of Dermatology and Skin Appendage Disorders. Prior to matriculating at WCM, Claire completed her undergraduate education at Dartmouth College.

Safe and Controlled Application of Platelet-Rich Plasma, Stem Cells, and Other Serums to Wounded Skin Using a Novel, New Patent-Pending Applicator Janinie Hopkins, MD, FAAD



Janine Hopkins, MD, founder of Hopkins
Dermatology, is a board-certified dermatologist
in Monroe, Louisiana. Dr. Hopkins started her
solo practice in 1996 after completing her
residency training in the Department of
Dermatology at Louisiana State University
School of Medicine in New Orleans, Louisiana.
She was fortunate to train in a progressive

program with an excellent faculty that emphasized a thorough education in all aspects of general, surgical and cosmetic dermatology.

Dr. Hopkins is a board-certified member of the American Academy of Dermatology. She currently holds the position of Secretary/Treasurer of the Louisiana Dermatological Society and active member of their Advocacy Committee. Dr. Hopkins is a member of multiple dermatologic and medical societies including the American Society of Dermatologic Surgery, and the Louisiana Dermatologic Society. Dr. Hopkins supports the Dermatology Foundation as a member of the Annenberg Circle and served as a Louisiana Vice-chair for three years and State Chair for two years. She has provided training to colleagues on various facial rejuvenation treatments using lasers, fillers, and neuromodulators. In addition, Dr. Hopkins lectures throughout the year at various educational meetings and teaches as an industry expert on Fotona laser systems.

A heightened dedication and emphasis on skin cancer treatment and prevention for men and women through protection and rejuvenation remains the priority of her practice, which employs twelve individuals, each dedicated to providing excellent care for their patients. In 2019, Dr. Hopkins collaborated with SkinCure Oncology to become 1 of 2 practices in Louisiana to offer IGSRT for non-surgical cure of skin cancer In 2009, Dr. Hopkins launched MDMinerals & Cosmetics to provide a premiere mineral makeup collection for her patient's health and beauty. She currently has a skin care line, Hopkins Dermatology Rx collection, to provide patients with medical grade skin care products.

Dr. Hopkins and her husband are supporters of area schools and many local charities, such as The Children's Coalition and Med Camps, American Red Cross and United Way. She has been married thirty years to husband, Ted Hopkins, a commercial banker and investor who manages the Hopkins Dermatology practice. She is a proud mother of a talented daughter, Madison, and dedicated son, Thomas, as well as host mother and mentor to French student, Gustave. A member of St. Alban's Episcopal Church in Monroe, Louisiana, Dr. Hopkins also enjoys traveling, horseback riding, running and daily exercise. Spending time with friends and family is a top priority. Learning and staying up to date on the ever evolving and expanding specialty of dermatology is an ongoing passion for Dr. Janine Hopkins.

Clinico-epidemiological Profile of Pempigus Vulgaris: On Evidence From a Tertiary Hospital of Bangladesh Mosammat Sultana Akhter MBBS, DDV



Dr. Mosammat Sultana Akhter received MBBS from Dhaka Medical College and DDV from Chittagong Medical College (CMC). Currently she is the assistant registrar at Department of Dermatology and Venereology in CMC. She is also a trainee of FCPS (Fellow of College of Physician & Surgeon). She is attached with blistering disorder clinic at CMC. She has keen

interest in blistering disease. She is working relentlessly in this sphere and hope to collaborate with international colleagues in future.

A Survey-Based Study Assessing Preparedness of Dermatology Trainees to Serve on the Wards During the Covid-19 Pandemic

Katharina Shaw, MD



Dr. Katharina Shaw is a PGY-2 Dermatology Resident at the Ronald O. Perelman Department of Dermatology at the NYU Grossman School of Medicine in New York.

Oral JAK Inhibitors May Have a beneficial Role in the Treatment of Keloial Scars

Tiana Kazemi, MD



Dr. Kazemi is currently a second year dermatology resident at the University of Minnesota. She completed medical school at David Geffen School of Medicine at UCLA and her internal medicine internship at California Pacific Medical Center in San Francisco, CA. She is interested in medical and cosmetic dermatology.

Retrospective Review Characterizing a Pediatric Vulvar Dermatology Clinic

Aneka Khilnani, M.S., Kaiane Habeshian M.D., and Tazim Dowlut-Mcelroy M.D.



Aneka Khilnani is currently a medical student at The George Washington University School of Medicine and Health Sciences in Washington, DC. She completed an M.S. in Physiology at Georgetown University, where she focused on preventative medicine and novel renal pharmacologics. She currently serves on the university's medical admissions committee and

internal medicine board. She is also a representative for the American Association of Medical Colleges and actively conducts research in the dermatology department at Children's National Hospital. She has a special interest in telemedicine and digital inclusion. She has also served in numerous editorial positions, co-edited several volumes, and has published in the American Behavioral Scientists and Emerald Studies in Media and Communications

A Case of Squamous Cell Carcinoma of Unknown Primary Source

Alexis Carrington, MD



Alexis E. Carrington, MD completed her Internal Medicine Preliminary Year at Icahn School of Medicine at Mount Sinai Elmhurst Program in New York City. She is currently completing her Dermatology Research Fellow with the Department of Dermatology at University of California Davis.

Panel Discussion during ASDP: Women in Dermatopathology: Tips for Navigating Professional Life

Thursday, November 5, 2020

6:00pm ET | 5:00pm CT | 3:00pm PT

Moderators: Drs. Melissa Piliang, Wendi Wohltmann

Panelists: Drs. Wilma Fowler Bergfeld, Tammie Ferringer, Eleanor Knopp, and Michi Shinohara

REGISTER TODAY

What They Don't Teach You in Residency

Wednesday, November 11, 2020

8:00pm ET | 7:00pm CT | 5:00pm PT

Topic: What They Don't Teach You in Residency **Moderators:** Drs. Mariam Mafee and Alexandra Zeitany

REGISTER TODAY

Work-Life Balance in the Age of COVID-19

Wednesday, November 18, 2020

8:00pm ET | 7:00pm CT | 5:00pm PT

Topic: Work-Life Balance in the Age of COVID-19

Moderators: Drs. Juliya Fisher, Charlotte Aronin, Amanda Levine, and Tiffany J. Libby

REGISTER TODAY

Pediatric Skin of Color: It's This, Not That, Say it Like This, Not Like That

Thursday, December 17, 2020

7:00pm ET | 6:00pm CT | 4:00pm PT

Topic: Pediatric Skin of Color: It's This, Not That, Say it Like This, Not Like That

Hosted by: Dr. Candrice R. Heath

REGISTER TODAY

Visit the WDS Website to View All Upcoming WDS Events www.womensderm.org/events



