



# African Women's Dermatologic Society

Physicians Leaders Mentors

Newsletter no 2: 2016/2017 Chapter

## Exco Members

Prof Ncoza Dlova – President  
Dr Dagmar Whitaker – Vice President  
Prof Anisa Mosam – Treasurer  
Dr Nokubonga Khoza – Secretary  
Dr Pholile Mpfu  
Dr Izolda Heydenrych  
Dr Antoinette Chateau  
Dr Suretha Kannenberg  
Dr Sian van den Handel  
Dr Carol Hlela

# NEWSLETTER

FROM THE SECRETARY'S DESK

The society aims to support and develop leadership, scholarship, and inoculate social responsibility:

1. **Leadership** Initiating leadership forums for the nurturing of young dermatologists and creating mentorship programmes for future leaders.
2. **Scholarship** To encourage research and collaboration focusing on, but not restricted to, African skin conditions by:
  - Establishing international exchange programmes
  - Setting up of public-private partnerships
3. **Social responsibility**
  - spearheading consumer education programmes, namely skin lighteners, hair loss, skin cancer, aesthetic treatments, etc
  - Education of primary health care practitioners
  - Establishing support groups



## EVENTS

In line with the mission statement society members have been very active and instrumental in local community outreach projects and initiatives.

The 2016/2017 period has seen the following:

- African Women's Dermatologic Society Launch Session
- Leading Ladies
- The RATS
- Dermisurgery Collaboration with Harvard at UKZN
- Anti-Skin Lightening/Bleaching Campaign
- Women Supporting Each Other

# 2016/2017 EVENTS

## Leadership

### African Women's Dermatologic Society Launch Session

**Date:** Saturday, 13 August 2016

**Venue:** Hall C, Century City Conference Centre

**Time:** 14:15 – 16:45 pm

Another successful and inspiring event and session by the “Leading Ladies”.



*EXCO members of the WDS-SA at the Launch and WDS Session, Dermatology Congress 2016*

*L-R: Dr S Kannenberg, Dr I Heydenrych, Prof N.C Dlova, Dr D Whitaker, Dr S Van Del Handel, Dr N Khoza, Dr A Chateau, Dr L Naidoo (Anti-skin bleaching comm member) and Dr P Mpofo*

## Leading Ladies

Paying tribute to the following Exco Members who are currently leading Key societies and academic institutions in South African Dermatology:

- Prof Ncoza Dlova (President of Womens Dermatologic Society of South Africa and Head of Department – NRMSM)
- Dr Dagmar Whitaker (President of Dermatology Society of South Africa 2016/2017 and President of Melanoma Society of South Africa)
- Dr Izolda Heydenrych (President of South African Society for Dermatologic Surgery)



*Leading ladies and good old friends, Prof N.C Dlova and Dr I Heydenrych at WDS-SA launch, Dermatology congress CT, August 2016*

The aim of this event

1. Introduce African Womens Dermatologic Society as a leading structure in breaching the gap between trainee dermatologist and qualified Dermatologist.
2. Enhance and strengthen public-private partnership within Dermatologists and Local Universities.
3. Promote trainee Registrar research and give platform to trainee dermatologists to present their research.
4. Give an overview of the history of dermatology and upcoming trends in the field globally

The above objectives were duly executed during the session.

Inspiring, scientific talks were delivered by the members of EXCO team on various topics (Dr Dagmar Whitaker, Prof Ncoza Dlova, Dr Izolda Heydenrych, Dr Pholile Mpofo, Dr Antoinette Chateau and Dr Suretha Kannenberg).



*EXCO members of the WDS-SA at the Launch and WDS Session, Dermatology Congress 2016 conveying the antiskin bleaching message*



*Leading Ladies, Dr D Whitaker, Prof N.C Dlova and Dr I Heydenrych (back to camera) sharing a light moment at WDS-SA launch, Dermatology congress in Cape Town, August 2016*

# Mentorship and Exchange Programmes

## The RATS

### Wonderful growth has abounded over the past year

As of February 2016, Aesthetic Training became part of the Registrar programme at Stellenbosch University, under guidance and the leadership of Dr Izolda Heydenrych. This programme, affectionately known as RATS (*Registrar Aesthetic Training Sequence*), is also attended on a voluntary basis by registrars from UCT.



*RATS Consultants and registrars Cape Town*

There is one monthly Masterclass - with a practical demonstration by Dr Izolda Heydenrych - illustrating a gradual monthly build-up of technical skills. During these sessions there is also structured discussion of anatomy, science, facial analysis, complication management etc. Although there are only 6-8 registrars / 6-month cycle

doing supervised injecting, the larger group attends the masterclasses to participate in the theoretical discussions which extend over the full year.

This Masterclass is followed by with 3 x weekly practice sessions during which the selected Registrars inject in small groups under the supervision of either Dr Mickey Orrey or Dr Suretha Kannenberg.

*"It has been an absolute joy to see these registrars develop in both hand skills and facial analysis acumen." Dr I Heydenrych.*

The programme is currently in its second year and as of 2017 structured registrar training in Aesthetics has also been initiated at the University of KZN in collaboration with Prof Dlova, Dr Ramkisson and Dr Heydenrych as the private partners who will be guiding and teaching at the Nelson R Mandela School of Medicine workshops.

A second registrar project currently running at the Cape Town Cosmetic Dermatology Centre, is laser training. This is done in the form of a Preceptorship (1:1) under the guidance of Dr Ean Smit.

Due to the voiced need for registrar guidance in Presentation Skills - and in an act of remarkable goodwill - an unprecedented opportunity has arisen to coincide with this year's national congress.



*RATS, practical demonstration by Dr I Heydenrych*

Jessica Pryce-Jones, world-renowned international mentor and author of the book "*Happiness in the workplace*", has offered to come to SA to do a 90-minute coaching session in Presentation Skills!! This once-in-a-lifetime opportunity is being done as a pure gesture of goodwill towards our fraternity, country and continent.

We hope that the mentorship currently manifesting in so many ways, may be paid forward in years to come ...

*Dr Izolda Heydenrych: "How blessed we are to live amidst such a culture of goodwill and sharing".*

## Dermsurgery Collaboration with Harvard at UKZN.

This programme has been running since 2013. Established collaboration with Prof Chrys Schmultz, Harvard University and Dr Vishal Patel Columbia University to run and establish the Dermsurgery course at UKZN has been one of the successful collaborations initiated by one of the WDS executive members, Prof NC Dlova and Prof A Mosam. Volunteers from the USA and Canada are hosted every 3-4 months by the department wherein they give dermatologic surgery lectures and oversee dermatologists hands-on whilst performing dermatologic surgery procedures. Keen members of the WDS outside Durban are most welcome to join the department at UKZN for these quarterly dermatologic surgery sessions.

## Social Responsibility

### Anti – Skin Lightening/Bleaching Campaign

**Venue:** Durban West Street : Durban Kwazulu- Natal

**Time:** 12 noon

What a successful and historical event this was. Prof NC Dlova and members of the Department of Dermatology (NRMSM) in partnership with the University of KwaZulu-Natal and Department

of health orchestrated an out of this world march that has changed the mindset and outlook of the general public towards the use of lightening agents.

Thousands gathered in Durban City Main Street and marched against the abuse of skin bleaching agents which are illegally distributed in the country.

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## Anti – Skin Lightening/ Bleaching Campaign

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### Aims

1. Stop skin bleaching,
2. Educate and increase awareness of skin disease and the dangers of skin bleaching.

The march was well attended (4,000 people) by local doctors, dermatologists, pharmacists, nurses and surrounding local hospitals and clinic. Full participation and support was received from the Department of Health, Department of Trade and Industry, Arts and Culture as well as many dermatology and pharmaceutical companies.

Committee members in attendance: Prof Ncoza Dlova, Prof Anisa Mosam, Dr Nokubonga Khoza, Dr Antoinette Chateau and Dr Pholile Mpofo.



Anti-skin bleaching march, Durban, South Africa



Student at the Anti-skin bleaching march



ASBA Campaign spin offs – Primary school education tour

## Women supporting each other

Special Congratulations to Dr Dagmar Whitaker (President of Dermatology Society of South Africa and President of the Melanoma Society of South Africa) and her team for hosting the First

International MWS Educational Symposium in Cape Town, South Africa, March 3-4, 2017.

The meeting was well attended by local and international delegates (Dermatologist, Plastic Surgeons

and Oncologist) from South Africa, Africa and Europe.

Excellent scientific and robust discussions on Epidemiology, Early Detection of melanomas and skin cancers, prevention strategies that are working in other countries as well newer and adjuvant therapies and guidelines.

*Take home message: Establishing interdisciplinary skin cancer centres across the world is key to the management of all skin cancers.*



Members of the AWDS at the First International Melanoma World Society (MWS) Educational Society. (Names L-R) Dr Pholile Mpofo, Dr Suretha Kannenberg, Dr Nokubonga Khoza, Dr Dagmar Whitaker, Dr Sian Van Den Handel and Prof Anisa Mosam.

### Upcoming Events

WDSSA , EXCO Members Team Building weekend

Date : 26-28 May 2017